

Training for Social workers

Please find below a compilation training to enable you to continue to develop in terms of your work, your personal skills and your mental health and wellbeing. Training and development is a great way to keep your brain active and your spirits up during this pandemic and the CPD focus will stand you in good stead when it comes time to return to work or look for new work. Added to this most of these options are free so won't hurt your bank and the others are discounted for you as UNISON members.

This list of courses is not exhaustive, many more interesting learning opportunities can be found with each of these providers / on each of these platforms, but these courses will give you a good starting point.

UNISON- E-Learning - Online			
Study Area	Course Name	Cost	Link
Mental Health and Wellbeing	Staying Strong: Stress Awareness	Free for members	https://e-learning.unison.org.uk/course/index.php?categoryid=4

The social Partnership and OpenLearn (OU) – Free badged courses - Online			
Study Area	Course Name	Cost	Link
Next steps	Planning a better future	Free for members	https://www.open.edu/openlearn/money-management/planning-better-future?in_menu=368967

Mermaids – Virtual / Face to Face		
Study Area	Course Name	Cost
Social work / CPD Development	Gender Awareness and diversity training	Free to members (planned and funded nationally or regionally)

Digital Unite			
Study Area	Course Name	Cost	Link
Digital	Free materials and user guides	Free to All	www.digitalunite.com/technology-guides

Wranx			
Study Area	Course Name	Cost	Link
work Focused / CPD Development	Raising Awareness: Menopause in the Workplace	Free for members	https://unionlearn.ulp.wranx.com/
Mental health and Wellbeing	Raising Awareness: Mental Health	Free for Members	https://unionlearn.ulp.wranx.com/

Skills Academy - online		
If you would like to access Unison's Skills Academy Platform please email us on l.organising@unison.co.uk and provide your first and second name and your membership number (or DOB and postcode)		
<u>Study Area</u>	<u>Course Name</u>	<u>Cost</u>
Social work / CPD	Child Neglect awareness	Free for members
	Child protection certification	Free for members
	Child sexual exploitation awareness	Free for members
	Deprivation of liberty safeguards	Free for members
	Modern slavery awareness	Free for members
	Privacy and Dignity certification	Free for members
	Safeguarding adults certification	Free for members
	Safeguarding children certification	Free for members
	Safeguarding vulnerable adults certification	Free for members
Personal skills and Development	Body language	Free for members
	Communication basics	Free for members
	Decoding direct/indirect messages	Free for members
	Emotional intelligence	Free for members
	Handling Conflict in high Value Relationships	Free for members
	Identifying the cause of conflict	Free for members
	LGBTQ Awareness	Free for members
	Mindful Listening	Free for members
	Promoting Positive Behaviour	Free for members
	Unconscious bias certification	Free for members
Mental Health and Wellbeing	Mindfulness	Free for members
Health and Safety	Lone working awareness	Free for members
	Personal safety Certification	Free for members
	Dangers of working at night Certification	Free for members
	Duty of Care certification	Free for members
	Hazard Identification and Risk Control Certification	Free for members
	Travel safety for Women Certification	Free for members

Future Learn: OU			
<u>Study Area</u>	<u>Course Name</u>	<u>Cost</u>	<u>Link</u>
Mental health and Wellbeing	Youth Mental Health: Helping Young People with Anxiety	Free for all	https://www.futurelearn.com/courses/youth-mental-health
	Emotional Intelligence at Work	Free for all	https://www.futurelearn.com/courses/emotional-intelligence-at-work
	Understanding depression and low mood in young people	Free for all	https://www.futurelearn.com/courses/depression-young-people
	Mindfulness for wellbeing and peak performance	Free for all	https://www.futurelearn.com/courses/mindfulness-wellbeing-performance

Leadership and Management	Management and leadership: Growing as a manager	Free for all	https://www.futurelearn.com/courses/growing-as-a-manager
	People Management Skills	Free for all	https://www.futurelearn.com/courses/people-management-skills
Personal skills and development	Work / life balance and the impact of working remotely	Free for all	https://www.futurelearn.com/courses/work-life-balance-remote-working

OpenLearn : OU			
<u>Study Area</u>	<u>Course Name</u>	<u>Cost</u>	<u>Link</u>
Social work / CPD	Introducing social work: a starter kit.	Free to all	https://www.open.edu/openlearn/health-sports-psychology/introducing-social-work-starter-kit/content-section-overview?active-tab=description-tab
	An Introduction to Social Work	Free to all	https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/introduction-social-work/content-section-0?active-tab=description-tab
	An Introduction to social work in Wales	Free to all	https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/introduction-social-work-wales/content-section-0?active-tab=description-tab
	Partnerships and networks in work with young people	Free to all	https://www.open.edu/openlearn/health-sports-psychology/partnerships-and-networks-work-young-people/content-section-0?active-tab=description-tab
	Perspectives on social work : Individual stories	Free to all	https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/perspectives-on-social-work-individual-stories/content-section-0?active-tab=description-tab
	Social work and the law in scotland	Free to all	https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/social-work-and-the-law-scotland/content-section-0?active-tab=description-tab
	Social work learning practice	Free to all	https://www.open.edu/openlearn/health-sports-psychology/social-care-social-work/social-work-learning-practice/content-section-0?active-tab=description-tab
	Supporting and developing resilience in social work	Free to all	https://www.open.edu/openlearn/health-sports-psychology/supporting-and-developing-resilience-social-work/content-section-0?active-tab=description-tab
Leadership and Management	Discovering Management	Free For all	https://www.open.edu/openlearn/money-business/leadership-management/discovering-management/content-section-0?active-tab=description-tab
Digital Skills	Digital Literacy: succeeding in a Digital world	Free to all	https://www.open.edu/openlearn/education-development/digital-literacy-succeeding-digital-world/content-section-overview
	Introduction to Cyber Security :	Free to all	https://www.open.edu/openlearn/science-maths-technology/introduction-cyber-security-stay-safe-online/content-section-overview

	Stay Safe On-line		
	Using a scientific Calculator	Free to all	https://www.open.edu/openlearn/science-maths-technology/mathematics-statistics/using-scientific-calculator/content-section-0?active-tab=description-tab